Responsibilities of parents/caregivers

- Be a good role model for your child and talk to your child in a positive manner
- Monitor online activity, abiding by the age limit restrictions on social media sites
- Talk to your child about any issues and about their day and let the school know if your child is upset
- Encourage your child to do the right thing and build resiliency
- Take a no tolerance approach to bullying
- Support the school's Behaviour Education Policy and support consequences
- Be prepared that your child might be the problem
- Encourage your child to find the good in people and work on their character at home
- Teach your child to be assertive in an appropriate way
- Work with your child to understand there are two sides to a story
- Report to teachers any concerns your child may have
- Report signs of bullying, which may include:
- Unwillingness to attend school
- A pattern of vague headaches or stomach aches
- Personal items or equipment have gone missing
- Damaged clothing or bruising
- Expresses threats to hurt self or others
- Asking for extra pocket money or food
- 'Hiding' information on mobile phones or from social network sites

Responsibilities of students

- Always follow Our Golden Rule: *Treat others as you would like them to treat you.*
- Follow our School Agreements; *Attentive Listening, Mutual Respect, Safety, Personal Best and Appreciation and Acknowledgement* and be responsible by showing examples of positive behaviour.
- Utilise our Mindsets for Learning: *Resilience, Reflection, Focus, Responsibility and Collaboration*.
- Try to solve problems yourself, be resilient and stand up for yourself in an appropriate way
- Include others in activities when you can so no one feels left out
- Be honest and own up to mistakes
- Tell an adult (teacher or parent/caregiver) if you are being bullied
- If you notice something that is not right, let a teacher know
- Don't be a bystander, if you see something is happening get help

55 - 63 Concord Drive
REYNELLA SA 5161

phone: 8381 1493
SMS : 0416 905 323
fax: 8322 2939

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REYNELLA PS

REYNELLA
PRIMARY SCHOOL

Bullying and Harrassment Policy

email   dl.0379.info@schools.sa.edu.au
web   www.reynellaps.sa.edu.au
blog   www.reynellablogs.com.au

Reynella Primary School provides a safe, inclusive and supportive learning environment that does not tolerate bullying, harassment and violence. Bullying, including cyber bullying, harassment and violence, is not acceptable in this school and will be dealt with seriously.

The school will work with the school community and other services and agencies to support its students in being responsible and productive members of this community.

What is Bullying?

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or a group. Cyber bullying refers to bullying through information and communication technologies such as the internet and mobile phones. Bullying of any form or for any reason can have long standing effects on those involved, including bystanders.

Bullying can be:

- **Physical:** kicking, hitting, pushing, pinching, spitting, tripping, punching, shoving, kicking, flicking, throwing objects, unwanted touching.
- **Verbal:** name-calling, teasing, taunting, mocking, making offensive comments, putting others down or being threatening.
- **Emotional:** threats, stalking, offensive gestures, standover tactics, taking or damaging someone's property, ignoring, gossiping, maliciously excluding people from groups, producing offensive graffiti, offensive or hurtful comments about appearance, family and/or friends, spreading hurtful/untruthful rumours.
- **Cyber:** inappropriate text messaging, sending offensive or degrading images and/or comments by phone/internet/email, communicating under false pretences, forwarding of other students' private communication, establishment of websites to humiliate others

What to do if bullying has occurred

When students are being bullied they should in the first instance talk to the class teacher as soon after the incident as possible. Parents/Caregivers and students may find it helpful to write down the details of the incident as a first step. If bullying has happened on social media we recommend that screenshots are taken. If a parent/caregiver feels that a criminal offence has been committed, they have the right to take this information directly to SAPOL.

When reporting a bullying incident, a face-to-face discussion is usually the best way. This gives the school the best opportunity to follow up the incident and intervene.

If the incident is serious or unresolved, reports should be made to a member of the Leadership Team. In this situation, the leader will:

- Talk with the student/s involved
- Work with the student displaying the behaviour to help them understand the situation – usually includes a restorative meeting with the targeted student. Inform the parents of the student who has instigated the bullying
- Apply appropriate consequences according to the school's Behaviour Code and DECD guidelines – restricted play time, Planning Room, suspension
- Monitor the situation

Responsibilities of staff:

- Our Golden Rule underpins our work with all members of the school community; *Treat others as you would like them to treat you.*
- School agreements; *Attentive Listening, Mutual Respect, Safety, Personal Best and Appreciation and Acknowledgement* are explicitly taught, modelled and maintained.
- Mindsets for Learning: *Resilience, Reflection, Focus, Responsibility and Collaboration* are explicitly taught, modelled, maintained and reported on.
- Work with our students on identifying the difference between being Rude: *Inadvertently saying or doing something that hurts someone else*, being Mean: *Purposefully saying or doing something to hurt someone once (or maybe twice)* and Bullying: *Intentionally aggressive behavior, repeated over time, that involves an imbalance of power.*
- Have effective relationships with students, be approachable and model positive behaviours.
- Encourage students to problem solve and help them work through their problems.
- Listen to student and parent concerns, investigate any reports and deal with bullying situations.
- Implement the DECD Child Protection Curriculum in classrooms.
- Refer students and families to necessary agencies as needed.
- Ongoing education of our school community on policy, teachings and processes.